

# RECRUITMENT A GUIDE TO USING ARTIFICIAL INTELLIGENCE AND WITH YOUR PERSONAL STATEMENT

## What is AI?

AI, or Artificial Intelligence, refers to computer systems or machines that can perform tasks that have typically required human thought. Effectively this means they simulate human intelligence.

This has led to the development of online tools that can answer questions by using a vast database of information and generate human-like text on almost any topic.

## Can I use AI to help with my personal statement?

Generating (and then copying, pasting and submitting) all or a large part of your personal statement from an AI tool, and presenting it as your own words, could be considered as misrepresentation. It could also lead to generic personal statements being presented which look very similar to other applicants.

When you complete your application, you are required to declare that the information in your application form is true and complete. The personal statement is exactly that; personal. It should describe your abilities, skills and the experiences that make you suitable for the role you are applying for in your own words.

It's also helpful for you to think about our PROUD values and explain the how your behaviours will support these

If your personal statement doesn't appear genuine, it could affect your chances of being shortlisted for interview. AI is good, particularly at describing theory but it can't replicate your personal thoughts and feelings and convey your own skills and experiences.

In some circumstances we note that using AI tools can be helpful to applicants writing their personal statement in terms of thinking about structure or thinking about how you could express your experience.

In summary, please remember we are interested in you and not an automated version of yourself

We do hope your application progresses well





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