

Charter for Employers Who Are Positive About Mental Health

Nottingham University Hospitals NHS Trust has signed the Charter for Employers who are positive about Mental Health.

As an employer we recognize that,

- ✓ In the UK, people experiencing mental ill health continue to report stigma and discrimination.
- ✓ We are committed to creating a supportive and open culture, where colleagues are able to talk about mental health.
- ✓ We are also committed to ensuring that our employees feel safe in disclosing any mental health conditions and confident that they will be properly supported and offered reasonable adjustments when required.

As an employer we have made an ongoing commitment to:

- ✓ Provide non-judgmental and proactive support to individual staff who experience mental ill health.
- ✓ Not make assumptions that a person with a mental health condition will be more vulnerable to workplace stress or take more time off than any other employee or job applicant.
- ✓ Show a positive and enabling attitude to all employees and job applicants with a mental health condition. This will include positive statements in local recruitment literature.
- ✓ Ensure all line managers have access to information and training about managing mental health in the workplace.
- ✓ Ensure that all staff involved in recruitment and selection are briefed on mental health conditions and The Equality Act 2010, and given appropriate interview skills. Make it clear in any recruitment or occupational health check that people who have experienced mental ill health will not be discriminated against and that disclosure of a mental health problem will enable both employee and employer to assess and provide the right level of support or adjustment.