

# What is a disability or long-term condition?

Staff who have a disability or long-term condition are entitled to protection under The Equality Act. If you recognise any of the conditions below please update your Equality data and let us know so we can ensure we all have fair opportunities.

## DISABILITIES



A condition that effects an individual's ability to carry out normal day-to-day activities



A mental health or physical condition



Disabilities can be visible or hidden



Can last 12 months or longer and can be recurring

## LONG-TERM CONDITIONS

WHICH ARE CLASSED AS A DISABILITY



Heart disease



Musculoskeletal conditions (including spinal-cord, arms, legs and joints)



Lung or respiratory conditions



Stroke



Mental health conditions (depression, anxiety and bipolar)



Diabetes



Learning difficulties and neuro-diverse conditions (e.g. autism, dyslexia, dyspraxia)



Visual, auditory and speech impairments



Cancer (including those with and who have survived cancer)



HIV



Neurological conditions (e.g. Multiple Sclerosis)



Long Covid