

Great Ormond Street Hospital: Staff Benefits

Access to Occupational Health

Occupational Health is a professional service that aims to promote, maintain, and protect the health of everyone throughout their working life in the organisation. We have a team of Occupational Health experts available to give advice and support where needed. Occupational Health trained doctors, nurses, and physiotherapists work alongside your manager to ensure that your working environment is safe and offer a range of services to maintain and improve your health at work.

Access to Physiotherapy service

The aim of the Occupational Health Physiotherapy service is to work alongside other members of our Occupational Health team, HR and management to reduce sickness absence, promote healthy working lifestyles, manage return to work and ultimately decrease the amount of money lost by departments through sickness absence/reduced productivity associated with musculoskeletal ill health.

Access to Carefirst

Carefirst are a leading provider of professional counselling, information and advice offering support for issues arising from home or work. All GOSH and GOSH Charity staff can access the service free of charge, 24 hours a day, seven days a week.

Accessing childcare

The Trust has a 70-place nursery for children aged three months to five years, in a newly refurbished building close to the hospital in Long Yard. The nursery has a good rating with OFSTED. Opening times are 7.30am to 5.45pm Monday to Friday, and the nursery is open all year round except for bank holidays and two training days each year. Our highly skilled team support children to reach their full potential, recognising that children are individuals who learn and develop at different rates. They'll also have daily opportunities to learn about the outside world by participating in local trips to the many parks and outside spaces.

Discounts and benefits

To reward NHS staff for their dedicated service many businesses offer NHS discounts. Here you'll find information on what is available and where. Please note that discounts may be added or withdrawn at short notice, and we'll do our best to keep this information as up to date as possible. [Blue Light Card](#), [NHS Staff Benefits](#), [Healthcare Services Discounts](#), [Santander Cycles](#).

Accommodation for GOSH staff

GOSH staff can apply for accommodation in either single person or shared flats, at a range of rents that are within easy reach of the hospital. Many of the flats have recently been refurbished to a high standard. Contact telephone: 020 7405 9200 (ext. 5624) or You can also email accommodationbureau@gosh.nhs.uk if you have any further queries. Further information on [finding somewhere to live can be found on the GOSH website](#)

Travelling to and from GOSH

GOSH has various beautiful walking and cycling routes from train stations, around Bloomsbury.

Financial Support

Many people struggle to make ends meet from time to time. In the current financial climate, it is more important now than ever to help yourselves, your colleagues, and community to build financial wellbeing. Financial wellbeing is about feeling secure and in control of your finances, both now and in the future. It's knowing that you can pay the bills today, can deal with the unexpected, and are on track for a healthy financial future. People who experience financial wellbeing are less stressed about money. This, in turn, has positive effects on their overall

mental and physical health, and on their relationships. We have lots of support available including using Carefirst and our onsite Citizens Advice Service.

Season Ticket Loan

GOSH employees can purchase an interest free season ticket loan to help with travel to work costs.